

How to Apply

This fellowship is a year-long program. Fellows must have a New York Medical License and be board certified or board eligible in Physical Medicine and Rehabilitation or Emergency Medicine before beginning the fellowship. All fellows receive a stipend for the duration of the program. There are 3 Physiatry and 1 Emergency Medicine Sports Medicine Fellow positions available per year.

All applications should be submitted through the [Electronic Residency Application Service](#) (ERAS). Foreign medical graduates should include a copy of the Educational Commission for Foreign Medical Graduates (ECFMG) certificate and evidence of visa status with their applications. Potential applicants are not required to take an elective in the Department. We have committed all of our fellowship positions to the National Residency Matching Program (NRMP).



Sports Medicine Fellowship Program



Contact Us

Joseph E. Herrera, DO, FAAPMR
Program Director
joseph.herrera@mountsinai.org

Richard G. Chang, MD, MPH, FAAPMR
Associate Program Director
richard.chang@mountsinai.org

Amie M. Kim, MD
Assistant Program Director
amie.kim@mountsinai.org

Bonnie Fultz
Fellowship Coordinator
Tel: 212-824-8399
bonnie.fultz@mountsinai.org



**Mount
Sinai**
*Rehabilitation and
Human Performance*



Our Mission

Our goal is to train broadly competent, sports medicine specialists who can evaluate and manage a full spectrum of sports-related disorders. Our program integrates training alongside non-operative and surgical specialists, providing fellows the opportunity to develop outstanding clinical skills in an evidence-based framework. Scholarly activity is encouraged and expected.

This fellowship is affiliated with the Department's residency training program. This offers fellows the opportunity to attend the program's didactic lecture series and grand rounds, as well as other specialty grand rounds. Fellows have an integral role in education through interactions with residents and medical students. As a fellow, you will contribute to and help organize our regular didactic program, sports medicine conferences, and cadaver lab sessions.

Training Program

We offer fellows comprehensive training including sports injury evaluation and management, concussion evaluation and management, sports ultrasound for diagnosis and guided procedures, interventional pain management procedures of the spine and limbs, electromyography (EMG), general musculoskeletal care, nutrition, sports psychology, and exercise physiology. Procedure training include joint injections, bursal injections, trigger point injections, platelet-rich plasma (PRP) and cellular mesenchymal stem cell injections, prolotherapy, and viscosupplementation. Spinal interventions include cervical, thoracic, and lumbosacral procedures, including transforaminal and interlaminar epidural steroid injections, medial branch blocks, radiofrequency ablation, discograms, sacroiliac joint injections, and spinal cord stimulators.

Fellows offer training opportunities covering high school football, collegiate athletics, professional and amateur sporting events such as USA Boxing, USA Fencing, Australian Football League, NYJTL Tennis Open, the NYC Marathon, and other Road Runner events. They will serve as team physicians to a Division III college and the official Red Bull North America Medical Team Member, and Performance P360 Provider.



Meet the Team

Joseph E. Herrera, DO

Program Director
Chairman and Lucy G Moses Professor
Department of Rehabilitation Medicine

Richard G. Chang, MD, MPH

Associate Program Director
PM&R/Sports Medicine

Amie M. Kim, MD

Assistant Program Director
EM/Sports Medicine

Gerardo Miranda-Comas, MD, RMSK

PM&R/Sports Medicine

Melissa Leber, MD

EM/Sports Medicine

Eliana Cardozo, DO

PM&R/Sports Medicine

Dayna McCarthy, DO

PM&R/Sports Medicine

Mariam Zakhary, DO

PM&R/Sports Medicine

David Spinner, DO, RMSK

PM&R/Pain Management

Parag Sheth, MD

PM&R/Interventional Spine

James Gladstone, MD

Orthopedic Surgery/Sports Medicine

Alexis Colvin, MD

Orthopedic Surgery/Sports Medicine

Sheena Ranade, MD

Orthopedic Surgery/Pediatric Ortho

Stuart Kahn, MD

PM&R/Interventional Spine

Alexander Lee, MD

PM&R/Interventional Spine

Robert Irish, MD

Musculoskeletal Radiology

Wayne Gordon, PhD

Neuropsychology

David Putrino, DPT

Director of Abilities Research Center

